DOI: 10.7860/JCDR/2015/13513.6292 Case Report

Surgery Section

# Large Cervical Paraspinal Haemangioma in Association with Intraosseous Haemangioma: A Rare Case Report

HANISH BANSAL<sup>1</sup>, ASHWANI KUMAR CHAUDHARY<sup>2</sup>, ANUJ MAHAJAN<sup>3</sup>

#### **ABSTRACT**

Haemangiomas are most commonly found in skin and subcutaneous tissue and are very rare in intramuscular region. Paraspinal musculature has been barely reported as location of intramuscular haemangioma while we could not find any literature reporting haemangioma in cervical paraspinal previously. We report a case of middle aged woman with a large intamuscular haemangioma involving left cervical paraspinal musculature extending from suboccipital region to C5 vertebra and reaching upto left parotid gland along with C6 vertebral body haemangioma.

Keywords: Benign, Intramuscular, Masseter

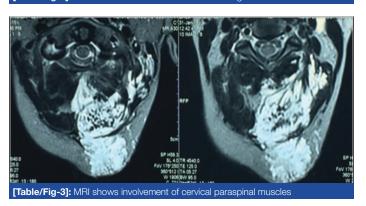
#### **CASE REPORT**

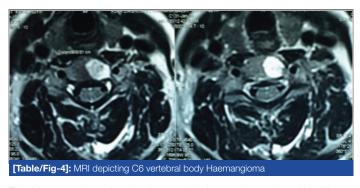
A 52-year-old female presented to the Department of Neurosurgery with complaints of pain and heaviness in posterior neck for last one month. Patient gave history of surgical excision of mass from posterior part of neck around 20 years back but exact details of the pathology and the procedure were not available. According to the patient, she was asymptomatic during this period and had noticed pain recently since one month. Skin over posterior neck revealed multiple small patches of cutaneous haemangiomas besides horizontal scar mark about 6 cms in size over nape of neck [Table/Fig-1]. The patient first noticed these 10 years back and these had not increased in size since then. Rest of general physical examination and systemic examination was within normal limit. MRI revealed haemangioma approximately 11×7.9×7.0 cm in size in posterior neck extending from suboccipital region to C5 level in middle and left side [Table/Fig-2].





[Table/Fig-1]: Horizontal scar mark along with purple patches of skin discoloration Table/Fig-2]: MRI shows vertical extension of Haemangioma





The Haemangioma involved paraspinal muscles and occipital bone and reached near posterior elements of C2 vertebra body and left parotid gland [Table/Fig-3]. MRI also revealed haemangioma in C6 vertebral body and another smaller lesion in left parapharyngeal space abutting larynx [Table/Fig-4]. In view of the clinical appearance and such an invasive growth of the lesion, an angiography was planned preoperatively. But patient was lost to follow up.

## DISCUSSION

Intramuscular Haemangiomas are very rare and account for less than 1% of all haemangiomas [1]. Trunk and lower limbs are two most common sites for intramuscular haemangioma. Less than 20% of these are found in the head and neck area with most common muscles involved in order of frequency being masseter muscle, trapezius, periorbital, sternocleidomastoid and temporalis muscle. Less frequently involved muscles include tongue, extra ocular and posterior neck muscles [2].

Paraspinous haemangiomas have been barely mentioned in the literature. Swaroop et al., reported a case of 29-year-old female with lumbar paraspinal Haemangioma for which surgical excision was done [3]. Makeieff et al., reported a case of 39-years-old female with Haemangioma of splenius capitis muscle which was surgically excised [4]. Cervical paraspinal haemangioma in association with intraosseous haemangioma (C6 vertebral body) has not been reported previously in medical literature. Intramuscular haemangioma occurs most common in the third and forth decades of life, in contrast to cutaneous haemangiomas which occur during infancy [5]. Eighty percent of Haemangiomas are solitary while 20% of affected patients may have multiple tumours [6].

They are non metastasizing benign congenital tumours that may present as palpable, fluctuant or firm mass in upto 98% of cases [7]. Vascular signs such as thrill or skin discoloration that are

characteristic of superficial haemangiomas are usually absent in intramuscular haemangiomas. Phleboliths (calcified nodules) regarded as characteristic property of venous or cavernous haemangiomas are usually absent in haemangioma in head and neck region. Intramuscular haemangiomas are generally poorly encapsulated and have the ability to infiltrate adjacent muscles. These parapsinalhaemangiomas may rarely extend upto epidural space and may cause neurological sequelae or epidural haematoma. Shima et al., reported a case of angioma in the paraspinal muscles with extension into the epidural tissue complicated by epidural Haematoma in the thoracolumbar region [8].

Intramuscular haemangioma in contrast to infantile cutaneous haemangioma do not regress spontaneously, and are relatively insensitive to systemic corticosteroid therapy [9]. Growth spurt or trauma may accelerate growth of haemangioma. Haemangiomas may be classified histopathologically into capillary and cavernous types or according to the size of the vessels into small vessels or capillary type, large-vessel or cavernous type and into mixed type. Magnetic Resonance Imaging (standard imaging technique for evaluation of soft tissue Haemangiomas) findings include a focal, lobulated soft-tissue mass that is isointense relative to muscle on T1-weighted images and hyperintense on T2-weighted images [10]. In cases where vascular feeder needs to be delineated for embolization, angiography is helpful [11]. Preoperative embolization of haemangiomas before surgery helps to decrease intraoperative blood loss. Cohen et al., reported two cases of intramuscular hemngioma of paraspinous muscles treated with arteriographic embolization followed by immediate local excision [12].

Various treatment options recommended for intramuscular haemangiomas include surgery, sclerosing agents, cryotherapy, steroid administration, blood vessel ligation and embolisation. However, to prevent recurrence wide local excision that includes normal muscle beyond the gross limits of the tumour is the optimal management. Partial excision is associated with an 18% recurrence rate [13]. Lesions that are highly localized well circumscribed singlemuscle, and have minimal loculations have better surgical outcomes. Our case was probably a case of incomplete excision leaving a large residual/recurrent lesion in cervical paraspinal region. The indication for surgery includes sudden rapid acceleration of tumour size, gross functional impairment, local skin necrosis, thrombocytopenia, cosmetic deformity and suspicion of malignancy [14].

#### CONCLUSION

Intramuscular haemangiomas are very rare and paraspinal involvement being even rarer. We report a very rare case of large cervical paraspinal Haemangioma extending from suboccipital region to C5 vertebra and reaching up to left parotid gland in association with C6 vertebral body haemangioma. Complete surgical excision with a cuff of normal tissue remains treatment of choice. Preoperative angiography with selective embolization helps in reducing intraoperative blood loss. Partial excision is associated with high recurrence rate.

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#### PARTICULARS OF CONTRIBUTORS:

- 1. Assistant Professor, Department of Neurosurgery, Dayanand Medical College and Hospital, Ludhiana, India.
- 2. Professor, Department of Neurosurgery, Dayanand Medical College and Hospital, Ludhiana, India.
- 3. Resident, Department of Surgery, Dayanand Medical College and Hospital, Ludhiana, India.

#### NAME, ADDRESS, E-MAIL ID OF THE CORRESPONDING AUTHOR:

Dr. Hanish Bansal,

10-B, Udham Singh Nagar, Ludhiana, Punjab-141001, India.

E-mail: y2khanish@gmail.com

FINANCIAL OR OTHER COMPETING INTERESTS: None.

Date of Submission: Feb 14, 2015
Date of Peer Review: May 06, 2015
Date of Acceptance: Jun 09, 2015

Date of Publishing: Aug 01, 2015